G.I.V.E Groups

G.I.V.E. Orientation

Join our orientation to the G.I.V.E. clinic in this SMA (Shared Medical Appointment) where providers from several disciplines provide information on available resources for our G.I.V.E. Veterans. Please contact Dr. Diaz at 216-791-3800, ext. 2394

When: 2nd Thursday of each month at 1:00 p.m. to 2:30 p.m.

Where: WP, WHC Conference Rm

G.I.V.E. Support Group

Join us for education and support for our G.I.V.E. Veterans. with various providers. Please contact Dr. Diaz at 216-791-3800, ext. 2394. Topics include:

- **Available VA resources**
- **Identity and transition**
- **Health issues and hormone therapy**
- **Community resources**
- **Employment**
- **Discrimination**
- **Family and relationship concerns**
- **IPV/MST**
- **Mental Health Treatment**

When: 3nd Thursday of each month at 1:00 p.m. to 2:30 p.m.

Where: WP, WHC Conference Rm

G.I.V.E. Tidbits…

- The prevalence of transgender individuals in the Veteran population is *5x higher* than in the general US population.
- Transgender Veterans have *unique* mental health and preventive care needs.
- Many transgender individuals worry about providers' reactions to their gender identity or sexual orientation - they may not know what to expect.
- The G.I.V.E. clinic provides a safe, comfortable, and welcoming setting to address all of your health concerns. Learn more…

Clinic Hours / How to Reach Us

Clinic is held twice a month on the 2nd and 3rd Thursday of each month in Module J, on the second floor, of the Louis Stokes Cleveland VA Medical Center.

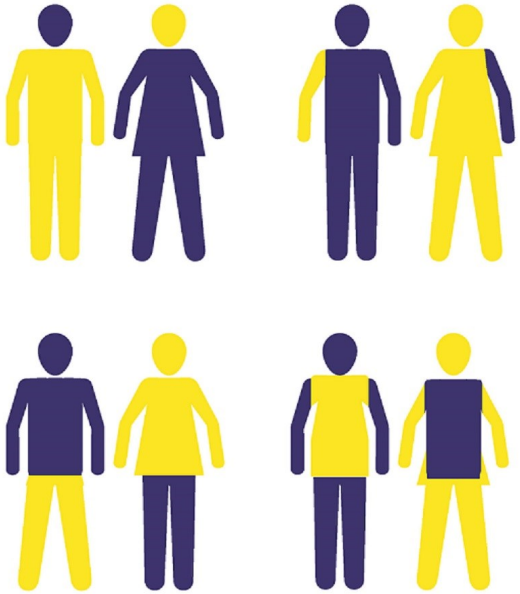
10701 East Boulevard
Cleveland, Ohio 44106
216-791-3800
X 6991– Team Line / Ms. Arbogast
X 5030— Team Line / Ms. Bizub
X 5587– Scheduling / Tike'ta

RCD2016

Department of Veterans Affairs

G.I.V.E. CLINIC

Gender Identity Veteran's Experience



G.I.V.E BACK TO THOSE WHO SERVED

Our Mission

- To provide a safe, comfortable, and welcoming medical "home" for veterans who are exploring their gender identity.
- To provide comprehensive primary, mental health, preventive, and hormonal care for transgender veterans.

Our Story

- Transgender veterans have unique medical and mental health needs which are best addressed using a comprehensive, multidisciplinary approach.
- Focus groups with transgender veterans indicated that they wanted to be seen in a dedicated, gender-neutral clinical space by informed providers from a variety of specialties.
- The G.I.V.E. Clinic was opened at the Louis Stokes Cleveland VAMC in November, 2015 to serve all transgender veterans .

What We Provide

- A safe, comfortable, welcoming, gender neutral environment and
- Comprehensive primary care
- Mental health care
- Social work services
- Support groups
- Community outreach
- Shared medical appointments
- Specialty consultation (speech therapy, pharmacy)
- Pre-operative and post-operative care

Our Impact

- 20 new consultations in 6 months
- 65 Veterans currently enrolled

Here is what our patients are saying…

"About time!"

"Everyone is really nice and friendly. Finally! A clinic specializing in transgender care!"

"The G.I.V.E. Clinic is amazing! The staff is friendly and welcoming, they are proficient at their jobs and I highly recommend them."

Our G.I.V.E Team

Dr. Megan Mcnamara, M.D., M.Sc

Dr. Archana Brojmohun M.D., FAPA, Psychiatry

Dr. Rosalie C. Diaz, Psy.D., Psychologist
Dr. Anna Dendy, Ph.D. , Psychologist
Dr. Jennifer Knetig, Ph.D., Psychologist

Travis Scott, MSSA, LSW

Heather Arbogast, RN
Kamilia Bizub, LPN

Tike'ta, Advanced Medical Support Assistant/Scheduling

Future Plans

- Expand clinical hours
- Increase collaboration with community centers and resources
- Staff training