

Groups

G.I.V.E. Support Group

Join us for education and support for our G.I.V.E. Veterans with various providers.

Top-ics include:

- Available VA resources
- Identity and transition
- Health issues and hormone therapy
- Surgical options
- Community resources
- Family and relationship concerns
- IPV/MST
- Mental Health Treatment

LGBTQAI+ Veterans Group

This group is an inclusive, confidential, LGBTQAI-affirmative group for Veterans who identify as lesbian, gay, bisexual, transgender, queer, questioning, or intersex.

The LGBTQAI Veterans Group offers a comfortable place for LGBTQAI Veterans to connect with one another, gain interpersonal skills, and discuss issues including health, relationships, sexual and gender identity, family, work, Veterans' issues, coping with discrimination, and more. The group meets in the Primary Care Clinic on the second Thursday of each month from 1 to 2:30 p.m. Veterans may be referred from providers, or may self-refer.

Clinic Hours/ How to Reach Us

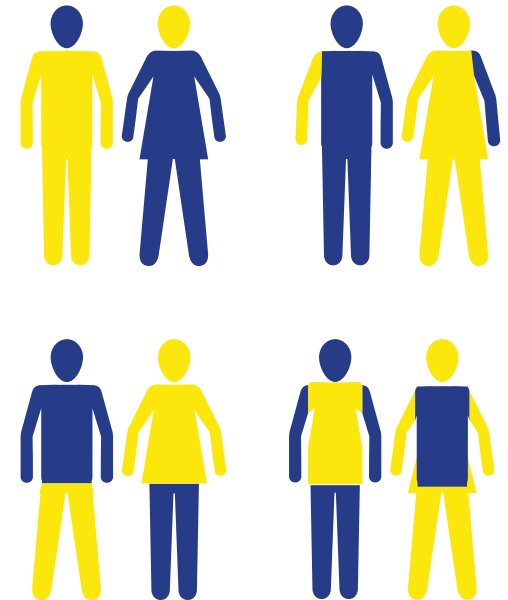
Clinic is held every Thursday afternoon at Cleveland VA Medical Center Primary Care Clinic on the first floor,

10701 East Boulevard
Cleveland, Ohio 44106

216-791-3800
X 65557 Faizah Rahman



G.I.V.E. Clinic Gender Identity Veteran's Experience



VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Northeast Ohio Healthcare System

**Louis Stokes Cleveland
VA Medical Center
10701 East Boulevard
Cleveland, OH 44106**

Our Mission

- To provide a comfortable, and welcoming medical “home” for Veterans who are exploring their gender identity.
- To provide comprehensive primary care, medical, mental health, and psychosocial services for transgender Veterans.

Our Story

- Transgender Veterans have unique medical and mental health needs which are best addressed using a comprehensive, multidisciplinary approach.
- Focus groups with transgender Veterans indicated that they wanted to be seen in a dedicated, gender-neutral clinical space by informed providers from a variety of specialties.
- The G.I.V.E. Clinic was opened at the Louis Stokes Cleveland VA Medical Center November 2015 to serve all transgender Veterans.



What We Provide

A comfortable, welcoming, gender-neutral environment

- Comprehensive primary care
- Mental health care
- Social work services
- Support groups
- Community outreach
- Shared medical appointments
- Specialty consultation (speech therapy, pharmacy, prosthetics)
- Pre-operative and post-discharge care
- Advocacy
- Assistance with name change and supportive letters (carry letters, letters to change legal records, and letters of support for gender-affirming surgery).

Process

The process begins in Primary Care, where you will be seen by a Psychologist and Social Worker. You will then be scheduled to see our Primary Care Provider. A three to six month follow up appointment is made following the start of hormone therapy. If appropriate, an appointment can be made for you with our Psychiatrist and/or Clinical Psychologists for long term mental health care.

Our G.I.V.E. Team

Megan Mcnamara, M.D., M.Sc.

Rosalie C. Diaz, Psy.D., Psychologist

Travis Scott, MSSA, LSW

Archana Brojmohun M.D., FAPA, Psychiatry

Anna Dendy, Ph.D., Psychologist

Anisa Hilliard, RN

Nicole Griffin, LPN

What our patients are saying...

“About time!”

“Everyone is really nice and friendly. Finally! A clinic specializing in transgender care!”

“The G.I.V.E. Clinic is amazing! The staff is friendly and welcoming, they are proficient at their jobs and I highly recommend them.”

