

Recovery Resource Center (PRRC) Schedule • JULY 2014

Information: Call 216-391-0264 x7772 • 7000 Euclid Ave., Suite 202, 2nd Floor • Hours: M-F 9am - 3pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Annual PRRC Picnic will be held on Friday, August 1st! Please see posted fliers and sign up!</p> <p>VU40 Workshop scheduled 7/25/14</p> <p>Women's Workshop begins 8/7/14</p>	<p>1 10-11a Mind Over Mood (Library) [T]</p> <p>11a-12p Mindfulness (Library)</p>	<p>2 10-11a Health and Wellness (Library) [T]</p> <p>11a-12p Person to Person (CG, Library) [T]</p> <p>1-2p Individual Recovery Planning (as scheduled, Library)</p>	<p>3 10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Recovery Skills -Addictions (Library) [T]</p> <p>11a-12p CHATS (Group room)</p> <p>12:30p <u>Experiences with Horses @ Fieldstone Farm</u> (CG)</p>	<p>4 July 4th Holiday Center Closed</p> 
<p>7 10-11a Peer Group (Library)</p> <p>11-12p Ending Self-Stigma-Informational Session (Library) [T]</p> <p>11a-2p CET (CG)</p>	<p>8 10-11a Mind Over Mood (Library) [T]</p> <p>11a-12p Mindfulness (Library)</p>	<p>9 10-11a Nutrition (Library) [T]</p> <p>11a-12p Person to Person (CG, Library) [T]</p> <p>1-2p Individual Recovery Planning (as scheduled, Library)</p>	<p>10 10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Recovery Skills -Addictions (Library) [T]</p> <p>11a-12p CHATS (Group room)</p> <p>12:30p <u>Experiences with Horses @ Fieldstone Farm</u> (CG)</p>	<p>11 10a-11a Relationship Skills (Library)</p> <p>10-11a Orientation (Group Room)</p> <p>11a-12p HOPE Group (Library)</p> <p>12-1p <u>Peer Council</u></p>
<p>14 9-10a ALUMNI MEETING</p> <p>10-11a Peer Group (Library)</p> <p>11-12p Ending Self-Stigma (Library) [T]</p> <p>11a-2p CET (CG)</p>	<p>15 10-11a Mind Over Mood (Library) [T]</p> <p>11a-12p Mindfulness (Library)</p>	<p>16 10-11a Health and Wellness (Library) [T]</p> <p>11a-12p Person to Person (CG, Library) [T]</p> <p>1-2p Individual Recovery Planning (as scheduled, Library)</p>	<p>17 10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Recovery Skills -Addictions (Library) [T]</p> <p>11a-12p CHATS (Group room)</p> <p>12:30p <u>Experiences with Horses @ Fieldstone Farm</u> (CG)</p>	<p>18 10a-11a Relationship Skills (Library)</p> <p>11a-12p HOPE Group (Library)</p>
<p>21 10-11a Peer Group (Library)</p> <p>11-12p Ending Self-Stigma-Last Open Session! (Library) [T]</p> <p>11a-2p CET (CG)</p>	<p>22 <u>No Telehealth Today</u></p> <p>10-11a Mind Over Mood (Library)</p> <p>11a-12p Mindfulness (Library)</p>	<p>23 10-11a Nutrition (Library) [T]</p> <p>11a-12p Person to Person (CG, Library) [T]</p> <p>1-2p Individual Recovery Planning (as scheduled, Library)</p>	<p>24 10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Recovery Skills -Addictions (Library) [T]</p> <p>11a-12p CHATS (Group room)</p> <p>12:30p <u>Experiences with Horses @ Fieldstone Farm</u> (CG)</p>	<p>25 10a-11a Relationship Skills (Library)</p> <p>10-11a Orientation (Group Room)</p> <p>11a-12p HOPE Group (Library)</p> <p>12-1p <u>Peer Council</u></p> <p>1p – 2p – VU40 Workshop (Library)</p>
<p>28 10-11a Peer Group (Library)</p> <p>11-12p Ending Self-Stigma (CG) (Library) [T]</p> <p>11a-2p CET (CG)</p>	<p>29 10-11a Mind Over Mood (Library) [T]</p> <p>11a-12p Mindfulness (Library)</p>	<p>30 10-11a Health and Wellness (Library) [T]</p> <p>11a-12p Person to Person (CG, Library) [T]</p> <p>1-2p Individual Recovery Planning (as scheduled, Library)</p>	<p>31 10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Recovery Skills -Addictions (Library) [T]</p> <p>11a-12p CHATS (Group room)</p> <p>12:30p <u>Experiences with Horses @ Fieldstone Farm</u> (CG)</p>	<p>Reminder of what symbols mean:</p> <p>CG = Closed group</p> <p>[T] = Group offered by Telehealth!</p>

Recovery Resource Center (PRRC) Workshops & Special Events

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July 2014

July 1 – New quarter begins – please review schedule for changes!!

July 4 – July 4th Holiday – **PRRC closed**

July 22 – **No Telehealth** groups today

July 25 – VU40 (Veterans Under 40) Workshop at 1:00pm – Library

August 2014

August 1 – PRRC Picnic @ Euclid Creek Reservation – see fliers for details and sign up!

August 7 – Women’s Workshop Begins – held on Thursdays in August (8/7, 8/14, 8/21, 8/28)

August 15 – PRRC closed for staff training

August 25 – CET Graduation – 12:30pm

August 26 – **No Telehealth** groups today

September 2014

September 1 – Labor Day Holiday – **PRRC closed**

September 5 – Open House (9a – 1:30p) & Community Meeting (12 – 1:30p) @ PRRC. Please bring family members and supporters to Open House!

September 23 – **No Telehealth** Groups today

Remote Services/Telehealth Program Information

Location: Community Resource and Referral Center (CRRRC) – Akron Site
111 E. Voris St. (Entrance off Miami St.)
Akron, Ohio 44311

Phone: (330) 761-7054 x 2018
