

Recovery Resource Center (PRRC) Schedule • JANUARY 2014

****Information: call 216-391-0264 x7772 • 7000 Euclid Ave., Suite 202, 2nd Floor • Hours: M-F 9a - 3p****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Our Telehealth Program begins this Month!!!</p> <p>Also we are in a NEW QUARTER so please review the schedule for all the changes!</p> <p>See reverse side for more details!!</p>	<p>Reminder of what symbols mean: CG = Closed group</p> <p>[T] = Group offered by Telehealth!</p> <p>New Groups: Life Skills Mind Body Spirit/MBS WORK group</p>	<p>1</p> <p>Holiday Center Closed</p> 	<p>2</p> <p>10-11a OT Group - Cognitive Skills (Library)</p> <p>11a-12p Person to Person (CG, Library)</p>	<p>3</p> <p>10a-11a Recovery Skills for Addictions (Library) 10-11a CHATS (Group Room)</p> <p>11a -12p Mind Over Mood (Library) 11a-12p <u>Orientation</u></p>
<p>6</p> <p>10-11a <u>Life Skills</u> (Library)</p> <p>11a-2p CET (CG)</p>	<p>7</p> <p>10-11a <u>Mind Body Spirit (MBS)</u> (Library)</p> <p>11a-12p <u>Community Meeting</u> @ the PRRC (Library)</p>	<p>8 *Telehealth Begins*</p> <p>10-11a Nutrition [T] (Library) 11a-12p Recovery 101 (Library) [T] 12p <u>Peer Council</u> (Café)</p> <p>1-3p Individual Recovery Planning (as scheduled, Library)</p>	<p>9</p> <p>10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Person to Person [T] (CG, Library)</p>	<p>10</p> <p>10a-11a Recovery Skills for Addictions [T] (Library) 10-11a CHATS (Group Room)</p> <p>11a -12p Mind Over Mood [T] (Library)</p>
<p>13</p> <p>10-11a Life Skills (Library)</p> <p>11a-2p CET (CG)</p>	<p>14</p> <p>10-11a Mind Body Spirit (MBS) (Library)</p> <p>11a-12p <u>WORK Group</u> begins (Library)</p>	<p>15</p> <p>10-11a Health & Wellness (Library) [T]</p> <p>11a-12p Recovery 101 (Library) [T]</p> <p>1-3p Individual Recovery Planning (as scheduled, Library)</p>	<p>16</p> <p>10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Person to Person [T] (CG, Library)</p>	<p>17</p> <p>10a-11a Recovery Skills for Addictions [T] (Library) 10-11a CHATS (Group Room)</p> <p>11a -12p Mind Over Mood [T] (Library) 11a-12p <u>Orientation</u></p>
<p>20</p> <p>Holiday Center Closed</p> <p>Martin Luther King Day</p> 	<p>21</p> <p>10-11a Mind Body Spirit (MBS) (Library)</p> <p>11a-12p WORK Group (Library)</p>	<p>22</p> <p>10-11a Nutrition [T] (Library) 11a-12p Recovery 101 (Library) [T] 12p <u>Peer Council</u> (Café)</p> <p>1-3p Individual Recovery Planning (as scheduled, Library)</p>	<p>23</p> <p>10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Person to Person [T] (CG, Library)</p>	<p>24</p> <p>10a-11a Recovery Skills for Addictions [T] (Library) 10-11a CHATS (Group Room)</p> <p>11a -12p Mind Over Mood [T] (Library)</p>
<p>27</p> <p>10-11a Life Skills (Library)</p> <p>11a-2p CET (CG)</p>	<p>28</p> <p>10-11a Mind Body Spirit (MBS) (Library)</p> <p>11a-12p WORK Group (Library)</p>	<p>29</p> <p>10-11a Health & Wellness (Library) [T]</p> <p>11a-12p Recovery 101 (Library) [T]</p> <p>1-3p Individual Recovery Planning (as scheduled, Library)</p>	<p>30</p> <p>10-11a OT Group - Cognitive Skills [T] (Library)</p> <p>11a-12p Person to Person [T] (CG, Library)</p>	<p>31</p> <p>10a-11a Recovery Skills for Addictions [T] (Library) 10-11a CHATS (Group Room)</p> <p>11a -12p Mind Over Mood [T] (Library) 11a-12p <u>Orientation</u></p>

**** 1st Quarter – January through March 2014 ** <http://www.cleveland.va.gov/services/PRRC.asp> ****

Recovery Resource Center (PRRC) Workshops & Special Events

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JANUARY 2014

January 1 – **Center Closed**, Holiday, Happy New Year!

January 7 – *Community Meeting @ the Recovery Resource Center (PRRC)*, 11a-12:30p

January 8 – **TELEHEALTH PROGRAM BEGINS**, Wednesday – Friday, available groups marked with a **[T]** on our schedule.

January 20 – **Center Closed**, Holiday, MLK Day!

FEBRUARY 2014

February 7 – *Community Meeting @ the Recovery Resource Center (PRRC)*, 11a-12:30p. **Family and Supporter Open House** from 9-12:30p

February 17 – **Center Closed**, Holiday, Presidents Day!

February 20 & 27 – **Family/Supporter Workshop at Fieldstone Farm**, 9a-12N, Transportation will be provided for you and your family/support person.

MARCH 2014

March 5 – *Community Meeting @ the Recovery Resource Center (PRRC)*, 11a-12:30p

March 6 – **New EXPERIENCES WITH HORSES @ Fieldstone Farm begins**, Thursdays from 10-11a, Transportation provided, leave the center at 9:15a and return by 12N.

Remote Services/Telehealth Program Information

Location: Community Resource and Referral Center (CRRRC) – Akron Site
111 E. Voris St. (Entrance off Miami St.)
Akron, Ohio 44311

Phone: (330) 761-7054 x 2018
