

**Recovery Resource Center  
Psychosocial Rehabilitation and Recovery Center (PRRC)**

Summary of Our Services:

- We offer skills-based groups many of which focus on evidence based psychosocial treatments for individuals with SMI (e.g. Social Skills Training, CBT, Illness Management & Recovery).
  - We also provide programming that covers women's issues, life skills, health & wellness, peer support, Wellness Recovery Action Planning (WRAP), problem-solving training & coping skills development, stress and relaxation, etc.
- We are developing more structured family/supporter programming and psycho-education.
- Our group schedule changes quarterly, so there is variety to meet the needs of the persons served and participants learn/expect change.
- PRRC provides individual sessions and care planning services that help veterans identify recovery goals/strengths/abilities/needs, reduce barriers to goals, identify meaningful roles and learn skills needed to manage life challenges.
- Services are provided within the veteran's local community. It is a strategic initiative to provide at least 50% of our services within the community.
- Veteran's have access to a Resource Library (self-help books, pamphlets, workbooks, educational materials) that has two computers for personal use.
- The PRRC coordinates services (with other VA staff/services/programs) so our veteran's receive quality, integrated, holistic care.
- Our goal is to improve community integration and recovery outcomes. We collect data to evaluate how we are performing