

Recovery Resource Center Schedule • MAY 2012

****Information: call 216-739-7000 x1231 • Parma Clinic – 1st Floor – Room 1229A/B • Hours: M-F 9a - 3p****

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>CARF SURVEY IS MAY 21-23!</u> We will be discussing this further during Peer Council Meetings.</p> <p>Join us for the <u>INDIANS GAME on May 24th!</u></p>	<p>1 10-11a WORK Group (2117)</p> <p>11a-12p Health and Wellness (2117)</p> <p>1-2:30pm Individual Recovery Planning (as scheduled, 2117)</p>	<p>2 9-10a Nutrition (2117) 10-11a Recovery Strategies: Preventing Relapse (2117) 11a-12:30p WRAP (CG, 2117)</p> <p>12:30-2p – OFFER (Family Program)</p>	<p>3 10-11a Person to Person – by referral only (2117)</p> <p>11a-12p ROAR (2117)</p>	<p>4 10-11a CBT Skills: Assertiveness & Communication (2117)</p> <p>11a-12p Orientation (2117)</p> <p>11a <u>Peer Council</u> (1229A/B)</p>
<p>7 10-11a Peer Group (2117)</p> <p>11a-12:30p Pathways to Recovery (CG, 2117)</p>	<p>8 10-11a WORK Group (2117)</p> <p>11a-12p Health and Wellness (2117)</p> <p>1-2:30pm Individual Recovery Planning (as scheduled, 2117)</p>	<p>9 10-11a Recovery Strategies: Preventing Relapse (2117) 11a-12:30p WRAP (CG, 2117) 12:30-2p – OFFER (Family Program) ***** 1:30-2:30p <u>ALUMNI GROUP</u></p>	<p>10 10-11a Person to Person – by referral only (2117)</p> <p>11a-12p ROAR (2117)</p> <p>11a-12p <u>Women's Group</u> (Rm 1235 – Lauren's Office)</p>	<p>11 10-11a CBT Skills: Assertiveness & Communication (2117)</p> <p>11a-12p Orientation (2117)</p> <p>11a <u>Peer Council</u> (1229A/B)</p>
<p>14 10-11a Peer Group (2117)</p> <p>11a-12:30p Pathways to Recovery (CG, 2117)</p>	<p>15 10-11a WORK Group (2117)</p> <p>11a-12p Health and Wellness (2117)</p> <p>1-2:30pm Individual Recovery Planning (as scheduled, 2117)</p>	<p>16 9-10a Nutrition (2117) 10-11a Recovery Strategies: Preventing Relapse (2117) 11a-12:30p WRAP (CG, 2117)</p> <p>12:30-2p – OFFER (Family Program)</p>	<p>17 10-11a Person to Person – by referral only (2117)</p> <p>11a-12p ROAR (2117)</p>	<p>18 10-11:30a <u>**Imagination Arts**</u> (1229A/B)</p> <p>11a-12p Orientation (2117)</p> <p>11 a <u>Peer Council</u> (1229A/B)</p>
<p>21 <u>CARF SURVEY</u> 10-11a Peer Group (2117)</p> <p>11a-12:30p Pathways to Recovery (CG, 2117)</p>	<p>22 <u>CARF SURVEY</u> 10-11a WORK Group (2117)</p> <p>11a-12p Health and Wellness (2117)</p> <p>1-2:30pm Individual Recovery Planning (as scheduled, 2117)</p>	<p>23 <u>CARF SURVEY</u> 10-11a Recovery Strategies: Preventing Relapse (2117) 11a-12:30p WRAP (CG, 2117)</p> <p>12:30-2p – OFFER (Family Program)</p>	<p>24 <u>Center Closed</u></p> <p>Join us for the INDIANS GAME @ 12:05p</p> <p>See your coach or peer council for details!</p>	<p>25 10-11a CBT Skills: Assertiveness & Communication (2117)</p> <p>11a <u>Peer Council</u> (1229A/B)</p>
<p>28 <u>HOLIDAY</u> Center Closed</p>	<p>29 10-11a WORK Group (2117)</p> <p>11a-12p Health and Wellness (2117)</p> <p>1-2:30pm Individual Recovery Planning (as scheduled, 2117)</p>	<p>30 <u>12p COMMUNITY MEETING @ the Maple Hts Library</u> On RTA Rt 90F (Libby Rd) Rt 40 (Lee Rd)!</p> <p><u>**Lunch, Important Updates & Plenty of Fun!!!**</u></p>	<p>31 10-11a Person to Person – by referral only (2117)</p> <p>11a-12p ROAR (2117)</p>	<p><u>Community Meeting</u> will be at 12p 5/30/12 @ the Maple Heights Library – 5225 Library Lane. It is accessible via RTA Route 90F!</p> <p>CG) = Closed Group, see coach for details if you are interested in attending one!</p>

(2nd Quarter – APRIL through JUNE 2012)